



Reg. No. : IND/6867/03

**PAHAL JAN SAHYOG VIKAS SANSTHAN**

**An Initiative Towards Development**



**PAHAL**  
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# ANNUAL REPORT 2018-19

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# FOREWORD

In 2018-19 PAHAL continue to work on to accomplish the mission of Gender Equity. PAHAL is committed to empower women through Gender Equity Programs, awareness on legal laws for women & children, vocational training programs and education for all. PAHAL aims the holistic development of women in economical as well as social life too.

Beside Gender Equity programs PAHAL also works on cross sectional issues like Health, Education, Livelihood and climate change to empower community especially the women and girl child. PAHAL implementing a wide range of programs like SAMBAL, Khajrana Medical Centre, Special classes for drop out children, SHG development and Skill development programs in Indore, Barwani, Khargone and Burhanpur.

This report includes learning and outcomes of programs implemented in the financial year 2018-19 Our programs are catering the target population as per their need with strategic planning. In coming year also we will develop a holistic plan to cover all target population in PAHAL intervention area.

In the context of the Plan, PAHAL is looking forward to serving as a voice for people living in poverty and adding value in Gender Equity and ensuring recognition for the work of PAHAL. Also looking forward to working with like minded partners around the world and I would like to thank all of our supporters, donors, partners, staff, volunteers and campaigners for their valuable contributions.



# ABOUT PAHAL

PAHAL JAN SAHAYOG VIKAS SANSTHAN, Indore (M.P.) is registered under “Society Registration Act 1973”. It has been working in Indore city and also associated with other district of Madhya Pradesh since 2003. It has vast experience on working with gender issues including gender based studies in the city of Indore, Barwani, Jhabua and in Bhopal. The organization is of international and national repute and recognized by Voluntary Support Organization (VSO International, UK) under International Citizen Services on 'Secure Livelihoods through communication and gender participation' and TISS, Mumbai and ISSW, Indore for deputing the post graduate students to learn and gain the skills of social development and complete the internship/field works. PAHAL, from 2003 to 2019, undertook programs specifically to provide succor to distressed girls and women. Providing personalized counselling, guidance and training to needy women facing domestic violence and other gender-based problems, besides conducting several gender-sensitization programs for varied target groups -- esp. adolescent girl, boys and young women.

PAHAL is providing its services as a resource agency on the issue of Gender equity and women rights. Throughout the state PAHAL organize capacity building programs for various Government and Non Government Organizations. PAHAL involves in establishing of CASH (Committee against Sexual Harassment). At field level PAHAL actively involves in sensitization/orientation programs on Domestic Violence Act 2005, Violence against women and promotion of gender equity laws. PAHAL also counsel the victims of domestic violence and harassment and guide them about the legal procedures, assistance in help from protection officers, police department, Women & Child Department and also facilitate the victims to link with HRLN (Human Resource Law Network) for legal assistance.

## MISSION

“To create an environment for gender just society and to eliminate discrimination so that women's will have equal opportunities to access, control and benefit over the development”.

## PHILOSOPHY

“PAHAL has a firm belief that the process of development is not just time scaled and target oriented. Development is a process in which creation of conditions for development is more important and result development should have added value i.e. it must be qualitative, sustainable and equity oriented”.

## PAHAL INTERVENTION AREA

**INDORE**

**BARWANI**

**BURHANPUR**

**KHARGONE**





# GENDER EQUITY PROGRAMS

Since 2003 PAHAL is working as Gender resource centre & gender/legal training institute. In the year 2018-2019 PAHAL conducted trainings for HR of industrial area and departments like Police Department, National Institute of Public Cooperation and Child Development, Women & Child Department. In this year organization has accomplished 20 trainings & 500 persons were benefited.

16 Days of Activism Campaign were conducted aware people on the consequences of violence on women. To eliminate all kinds of gender violence. 16 Days of Activism Against Gender Violence starts from 25 November, International Violence Against Women's Day and end on the International Human Rights Day (10 December). It also includes other important days like Aids Day, Disability Day etc.





# SAMBAL PROJECT

In Association With Tdh Pahal Started “sambal” Project In 2014 To Focus On Nutrition, Health, Education And Livelihood In 10 Effected Villages Of Barwani (m.p). The Project Aims To Aware Beneficiaries On Nutrition And Health Promoting Vaccination & Best Health Practices Through Linkages With Wcd And Nrhm. Dropout Children Are Provided Education Through Special Classes And To Be Linked With Formal Education. Linkages With National Rural Livelihood Mission (nrlm), Government Welfare Schemes To Promote Livelihood And To Ensure Holistic Development Of Villagers. The Achievement Of Project In 2018-19 Is Given In The Table Below.



## ACHIEVEMENT 2018-19

<b>NO. OF CHILDREN LINKED TO NUTRITION RESOURCE CENTRE</b>	<b>16</b>
<b>NO. OF CHILDREN LINKED TO AGANWADI SERVICES</b>	<b>148</b>
<b>CHILDREN ENROLLED IN SPECIAL CLASSES</b>	<b>200</b>
<b>CHILDREN LINKED TO FORMAL EDUCATION</b>	<b>128</b>
<b>BENEFICIARIES LINKED TO SOCIAL WELFARE SCHEMES</b>	<b>364</b>
<b>BENEFICIARIES LINKED TO EMPLOYMENT / SELF EMPLOYMENT</b>	<b>50</b>





# KHAJRANA MEDICAL CENTER

Since 2013 PAHAL and Volvo Employee Aid Association jointly initiated a community medical centre at Khajrana slum in Indore. The aim of “Community Medical Centre” is to provide free access of health services to poor slum dwellers of Khajrana and people in need of Indore. Since inception community medical centre expands health care facilities to “Out Patient Department”, Inner Patient Department, general health checkups, vaccinations, Lab. Investigations, distribution of medicines, counselling of girls/women on safe motherhood & nutrition and slum awareness meetings on health issues arises in the slums.

## ACHIEVEMENT 2018-19

<b>No. of Patients benefited in the Year 2017-18</b>	<b>19869</b>
<b>Vaccination</b>	<b>770</b>
<b>ANC/PNC /Gynaec</b>	<b>803</b>
<b>Referrals</b>	<b>1058</b>
<b>Slum Awareness Meetings</b>	<b>16</b>
<b>Pathological Test</b>	<b>2251</b>





# NATIONAL CHILD LABOUR PROGRAM - NCLP

To provide education to working children PAHAL's special classes gives working & dropout children a chance to complete their education and acquire skills for employment. In these classes children are prepared for higher classes through bridge course and linked to formal education through Right to Education, apart from formal education children also engaged in extra curriculum activities like Life Skills Education and vocational trainings. In these classes participatory methods of teachings are adopted In this year 150 children were benefited from Child Labour School under National Child Labour Program.



## ACHIEVEMENT 2018-19

<b>Drop out Children (6-14 Years) Identified in Survey</b>	<b>82</b>
<b>Non School going Children Identified in survey (6-14)</b>	<b>48</b>
<b>Children (non school going and ) registered under NCLP School for Bridge Course</b>	<b>150</b>
<b>Children linked with formal education under RTE</b>	<b>53</b>





## PLA PROGRAM EKJUT

In collaboration with National Health Mission (NHM) in M.P PAHAL in association with EKJUT implement a program to improve the health and nutrition indicators through to provide support in training and implementation of Participatory Learning and Action (PLA) approach for strengthening of VHSNC to bring positive change on maternal and child health and outcomes of the state of Madhya Pradesh through community processes The program intends to implement interventions that strengthens the ASHA programme, women's groups and VHSNCs (Village Health Sanitation and Nutrition Committees),to improve people's engagement and promotes community level action for better health and nutrition (MMR & IMR) in Barwani.

## LIVELIHOOD INITIATIVES & SLIL DEVELOPEMENT

Through Skill development program PAHAL promotes means of livelihood among marginalized community of Indore, Burhanpur and Barwani. PAHAL aims enhance and upliftment of such economically fragile and marginalized community PAHAL started employment/self employment driven vocational training courses, these courses provided either free or at a very nominal cost. Pahal imparts trainings on trades like bag making, fashion designing, mobile repairing, ICT Sewing & tailoring, Godri making, bangle/artificial jewelry and electrician.



### ACHIEVEMENT 2018-19

○ Bag Making	11
○ Fashion Designing/Tailoring	56
○ Mobile Repairing	20
○ ICT (Computer basics and advanced)	25
○ Vegetable Production	45
○ Godri Making	40
○ First Aid Training	20
○ Bangle and Artificial Jewellery	25



# JHULA GHAR

## BURHANPUR

PAHAL running a Jhula Gahr (crèche) in Burhanpur, this centre is running with the support of Women and Child Development Department of Burhanpur. The crèche focuses on children of 6 months to 6 years, of working women in rural and urban areas who are employed for a minimum period of 15 days in a month, or six months in a year. The objective of the crèche is to provide day-care facilities for children (6 months to 6 years) of working mothers in the community and to improve nutrition and health status of children.



**Jhula Ghar provide an integrated package of the following services:**



**Day care Facilities including Sleeping Facilities.**



**Early Stimulation for children below 3 years and  
Pre-school Education for 3 to 6 years old children.**



**Supplementary Nutrition(to be locally sourced)**



**Growth Monitoring.**



**Health Check-up and Immunization.**

# CHILD

# RIGHTS CAMPAIGN

On 20<sup>th</sup> November 2018, the National and international community celebrated the 25th anniversary of the adoption of the Convention on the Rights of the Child (CRC) by the United Nations General Assembly. PAHAL in collaboration with TDH and community partners organized a seven days celebration.



The celebration focused on the theme “Children's right to protection from exploitation, abuse and all forms of discrimination, & right to play” and provided an important opportunity to bring together community, government and nongovernmental organizations, children's and youth groups, academicians and all others interested in the CRC. The celebration took place in Indore, Khargone and Barwani from 14th Nov to 20th November 2018.



# T.B. AND HIV AWARENESS PROGRAM

PAHAL conducted T.B. & HIV awareness program at vulnerable and marginalized areas of Indore, Burhanpur and Barwani district. To increase case detection rate organization conduct meetings with village Health and Sanitation Committee, Youth groups, urban slums and ward members also conducted various community events to aware the communities on T.B. PAHAL also provides ration of two months to poor patients to overcome from the disease.

In addition to awareness program PAHAL also supporting Revised National Tuberculosis Control Program (RNTCP) in T.B. notification of private practitioners working in Barwani.

## ACHIEVEMENT 2018-19

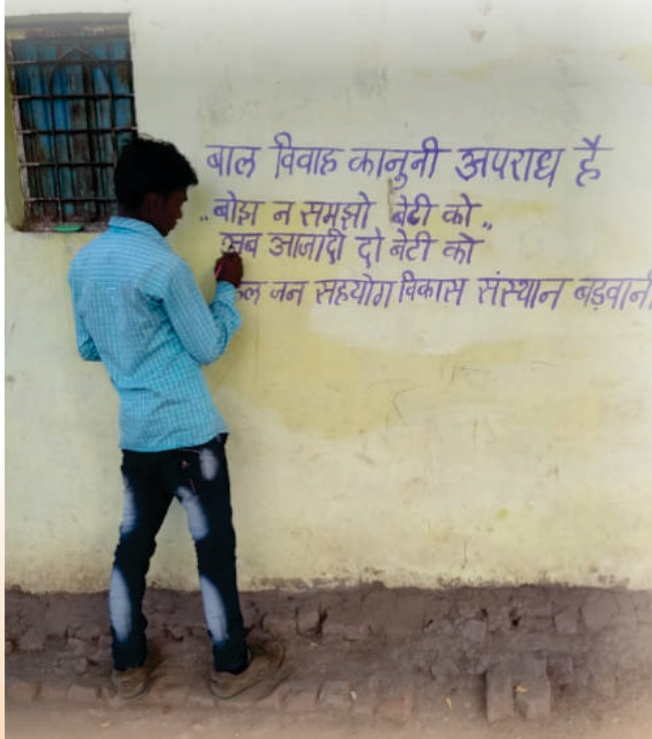
Number of community meetings conducted	42
Participants attended community meetings	870
No. of Mid Media Activities	12
Participants attended Mid Media activities	1700
No. of T.B symptomatic referred to DMC	40
No. of T.B patients received Ration support	31
No. of T.B patients Notified	90





# OBSERVATION OF IMPORTANT DAY'S CAMPAIGNS AND WORKSHOPS

To engage people and community on the current social issues PAHAL observes so many national and International days. The days were observed through street plays, lectures at educational institutes and corporate, rallies, poster exhibition at public places and other mean of mid media activities which spread awareness messages to general mass. The following are the list of observational days observed by PAHAL throughout the year.





# OBSERVATION OF IMPORTANT DAY'S CAMPAINGNS AND WORKSHOPS

<b>International women's day</b>	<b>8 March</b>	Observation Day
<b>World TB Day</b>	<b>24 March</b>	Observation Day
<b>DayIndependence Day</b>	<b>15 August</b>	Observation Day
<b>Children's Day</b>	<b>14 November</b>	Observation Day
<b>World Environment Day</b>	<b>5 June</b>	Observation Day
<b>World Toilet Day</b>	<b>19 November</b>	Observation Day
<b>World CEDAW Day</b>	<b>18 December</b>	Observation Day
<b>World Hand Wash Day</b>	<b>15 October</b>	Observation Day
<b>World AIDS Day</b>	<b>1 December</b>	Observation Day
<b>Red Hand Day</b>	<b>12 February</b>	Observation Day
<b>Child Labour Prohibition Day</b>	<b>12 June</b>	Observation Day
<b>Adiwasi Divas</b>	<b>9 August</b>	Observation Day
<b>Yuva Divas</b>	<b>12 May</b>	Observation Day
<b>Kishore Balika Divas Barwani</b>	<b>Barwani</b>	Campaign
<b>Child Rights Campaign Indore &amp; Barwani</b>	<b>Indore &amp; Barwani</b>	Campaign
<b>Swacchta AbhiyanIndore &amp; Barwani</b>	<b>Indore &amp; Barwani</b>	Campaign
<b>Plantation Drive Indore and Barwani</b>	<b>Indore &amp; Barwani</b>	Campaign
<b>Health CampBarwani At Community</b>	<b>Indore &amp; Barwani</b>	Campaign
<b>Ghoshna Patr Vimarsh Barwani</b>	<b>Barwani</b>	Workshop
<b>Beti Bachao Beti Padhao Barwani &amp; Khargon</b>	<b>Barwani &amp; Khargon, Burhanpur</b>	Campaign
<b>Voter awareness Program Indore and Barwani</b>	<b>Barwani</b>	Campaign
<b>Right to Play Campaign Indore and Barwani</b>	<b>Indore and Barwani, Burhanpur</b>	Campaign



# RIGHT TO PLAY PROJECT

In collaboration with tdh, PAHAL is implementing Right to play project in 15 schools of Indore ( barwani 15 village)to aware school children and staff on Child Rights & Protection especially focuses on “Right to Play”.





# SELF DEFENCE TRAINING



PAHAL's core objective is to empower women in all segments of life. As violence against women is getting increased day by day so it is dire need to take initiative and prepare girls and women so that they can protect them from any casualty. PAHAL started self defence training program for women to strengthen women's capacity to defend themselves against potential attacks. Yet, the effects of women's self-defence training extend considerably beyond this objective, including physical, psychological, and behavioural impacts through well designed women's self defence training course. In this year PAHAL conducted (4) batches of self defence training covering 120 women and girls trained on self defence.





## MEDICAL SUPPORT FOR ESPECIALLY ABLE CHILDREN



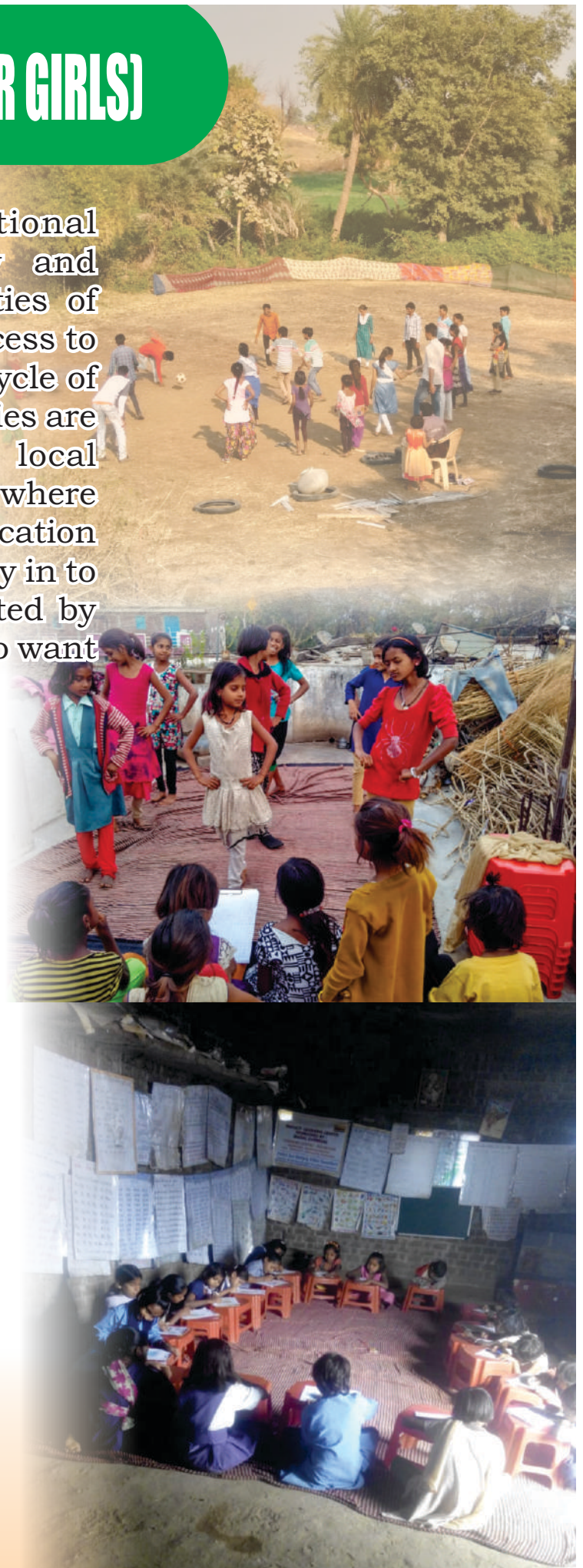
It was found that **especially able children** when compared to other children, face more inadequacies in healthcare, education, health of family, and maintaining a healthy lifestyle. These children face more difficulties with accessing mental health care. The problem is much bigger in the tribal and poor district like Barwani. PAHAL take an initiative to provide health care services to these children at Barwani and Indore, PAHAL provides medical support to these children through health camps and visit to medical officers at clinic. In this year **92** children get benefited through counselling to parents and including health care services.





# IIMPACT (EDUCATION PROJECT FOR GIRLS)

IIMPACT project provides educational opportunity to girls, from socially and economically disadvantaged communities of Khargone, who traditionally have no access to schooling. Project aim is to break the cycle of illiteracy that girls from such communities are mired in. This is done through local community-based Learning Centers, where they get meaningful and stimulating education up to Year 5 and are guided to their entry in to mainstream education. We are supported by corporations, trusts and individuals who want to make a difference.



## ACHIEVEMENT IN 2018-19

**No. of learning centres**

**30**

**No. of girls registered**

**170**





In association with GOONJ, PAHAL promotes cloth for work to encourage used/old clothes as a developmental resource rather than charitable item. Communities are motivated to identify the pressing development needs of their own area. They are encouraged to do shramdaan (community labor) and get material in return, with dignity; as a reward. It helps develop a stronger relationship between our local partner organization and the communities. The reach of the project throughout the year is as follows



## ACHIEVEMENT IN 2018-19

PEOPLE RECEIVED CLOTH IN KHAJRANA SLUM	83
PEOPLE RECEIVED CLOTH IN CHANDAN NAGAR, INDORE	47
PEOPLE RECEIVED CLOTH IN BARWANI	92
<b>TOTAL</b>	<b>222</b>



# Plantation

**1 lakh plant at dhar road Indore  
in collaboration with Times Group  
Foundation. It was done on 1<sup>st</sup> july.**







## HEALTH CAMP

Health camp organised in Barwani with help of Mahindra finance company. Out of the total 450 patients examined, 56 women & 40 child are malnourished, 20 are expected patient of TB with continue cough & fever and 29 members had high blood pressure & 4 low BP, whereas 6 patients are found with hole in heart. 4 patients with cut in lips & 6 deaf & dumb children were advised for complete check up at City Hospital. Most of the patients suffered from cough/cold, gastric troubles, and skin allergy. The doctors advised precautions, nutritious food, and prescribed medication for the same. At last the medical reports, free medicine were handed over to the patients with recommendations and findings. Nutritious Daliya was also distributed to malnourished children & women.





# JAN

## GHOSHANA PATRA

Campaign was conducted to include childrens issue in manifesto before election [Loksabha & Vidhan sabha] .Along with this voter awareness campaign was conducted to maximise voting in election.It was done with the help of Save the Children, CCl and Cecoidecon.





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