# Annual Report - 2017





PAHAL is running a medical centre at Indore in association with VOLVO Employee Aid Association which provided free of cost services to the poor slum dwellers of surrounding area. (Approx. covers population of 2,00,000). Centre provides medical examination, ANC/PNC checkups, Vaccination, free medicines and counselling on nutrition & family planning at free of cost.

## **About Organization (PAHAL)**

PAHAL JAN SAHAYOG VIKAS SANSTHAN, Indore (M.P.) is registered under "Society Registration Act 1973". It has been working in Indore city and also associated with other district of Madhya Pradesh since 2003. It has vast experience on working with gender issues including gender based studies in the city of Indore, Barwani, Jhabua and in Bhopal. The organization is of international and national repute and recognized by Voluntary Support Organization (VSO International, UK) under International Citizen Services on 'Secure Livelihoods through communication and gender participation' and TISS, Mumbai and ISSW, Indore for deputing the post graduate students to learn and gain the skills of social development and complete the internship/field works. PAHAL, from 2003 to till date undertook programs specifically to provide succor to distressed girls and women. Providing personalized counseling, guidance and training to needy women facing domestic violence and other gender-based problems, besides conducting several gender-sensitization programs for varied target groups -- esp. adolescent girl, boys and young women.

PAHAL is providing its services as a resource agency on the issue of Gender equity and women rights. Throughout the state PAHAL organize capacity building programs for various Government and Non Government Organizations. PAHAL involves in establishing of CASH (Committee against Sexual Harassment). At field level PAHAL actively involves in sensitization/orientation programs on Domestic Violence Act 2005, Violence against women and promotion of gender equity laws. PAHAL also counsel the victims of domestic violence and harassment and guide them about the legal procedures, assistance in help from protection officers, police department, Women & Child Department and also facilitate the victims to link with HRLN (Human Resource Law Network) for legal assistance.

PAHAL is also a part of FEM (Forum to Engage Men) and Men's Action for Stopping Violence against Women (MASVAW). These are national level Network which seek help in designing of program activities and log frame of the project especially in the field of Men/boys against Women Violence.

#### **Background and Purpose**

PAHAL is running a medical centre at Indore in association with VOLVO Employee Aid Association which provided free of cost services to the poor slum dwellers of surrounding area. (Approx. covers population of 2,00,000). Centre provides medical examination, ANC/PNC checkups, Vaccination, free medicines and counseling on nutrition & family planning at free of cost. Pahal Jan Sahyog Vikas Sansthan with Volvo Employee Aid Association is operating "Community Medical Centre" at Khajrana to provide the quality and economical health services to the poor slum dwellers of Khajrana. The aim of "Community Medical Centre" is to provide free access of health services to poor slum dwellers of Khajrana and surrounding areas. Since January 2013 our community medical centre expands various health care facilities like "Out Patient Department", Inner Patient Department, general health checkups, vaccinations, Lab. Investigations, distribution of medicines, counseling of girls/women on safe motherhood & nutrition and slum awareness meetings on health issues arises in the slums etc. In the past two years we are successfully develops faith among the local community especially among poor section of the society.

#### **GOAL:**

"To provide health and medical services at free of cost to poor slum dwellers of Khajrana region in Indore (M.P, India)"

#### **OBJECTIVES:**

- 1. Medical treatment through "OPD" and "IPD" services.
- 2. Providing services of a gynecologist and pediatrician for regular Ante Natal and Post Natal Care.
- 3. Promotion of safe deliveries with neonatal care & immunization of Pregnant Women and weekly immunization of Children.
- 4. Basic Lab Investigation facilities
- 5. Counseling on hygiene, malaria, hand wash, family planning, TB, HIV/AIDS and nutrition.
- 6. Health awareness activities through community meetings, school education program and mid media activities.
- 7. TB awareness and Sputum Collection & transportation of TB suspects.
- 8. Distribution of medicines to patients without any charge.

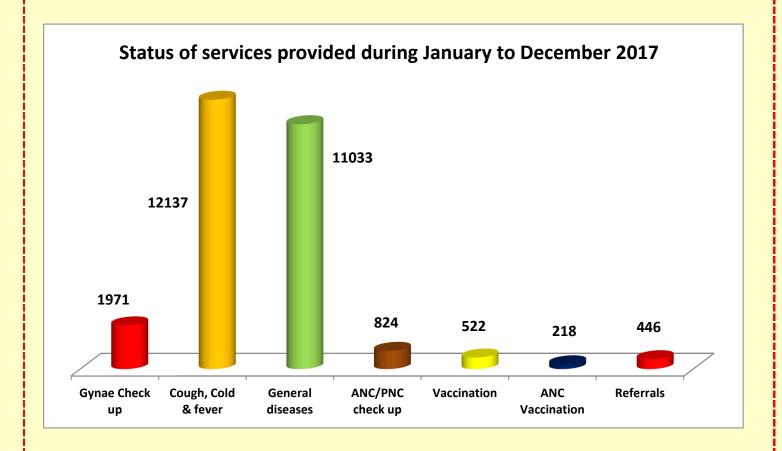
### **Status Report**

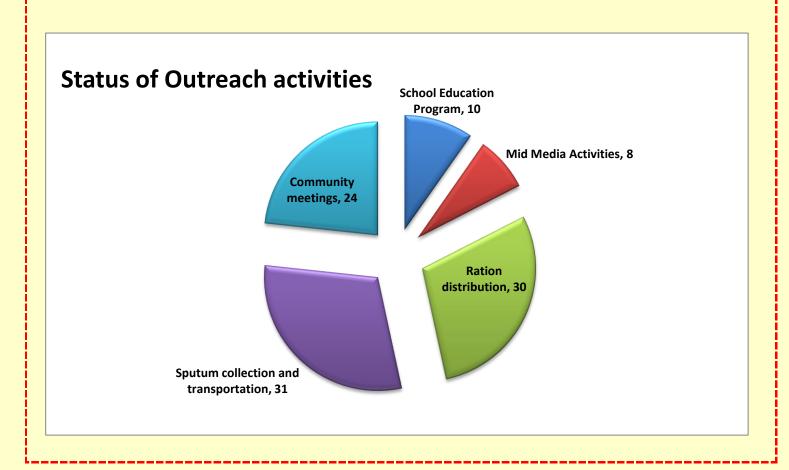
Annual Progress Report covers the activities and outreach of Medical Centre from January 2017 to December 2017. Report also covers the brief of activities conducted through medical centre, output/outcomes of the activities including financial report.

Services provided by Medical Centre from Jan-Dec 2017							
	Jan- Dec 2017						
S.no	Disease	Jan-Mar	Apr-June	July-Sep	Oct-Dec	Total	
		17	17	17	17		
1	Gynae Check up	483	429	459	300	1671	
2	Cough, Cold & fever	2872	2687	2938	1820	10317	
3	General diseases	2426	2438	2469	1850	9183	
4	ANC/PNC check up	183	165	196	140	684	
5	Vaccination	135	123	144	60	462	
6	ANC Vaccination	35	43	60	40	178	
7	Referrals	104	87	75	90	356	
	Total Patients 6238 5972 6341 4300 22851						

From "January to December 2017", 22851 patients has been benefited from the Khajrana Medical Centre, 1671 benefited through Gyneco checkups and counseling, 10317 benefited through treatment of cough, cold and fever, 9183 benefited by the medication of general disease, 684 benefited through ANC/PNC checkups, 640 benefited through vaccination & immunization.

Awareness on T.B & outreach activities: During community meetings and mid media activities PAHAL also conducted awareness program on Tuberculosis as it is a wide spread disease in India. During the year PAHAL conducted 24 community meetings, 10 School Education Program and 8 Mid Media activities have been conducted to aware slum dwellers on safe health practices. Sputum Collection & transportation of 31 T.B suspects is also carried out and also ensure the monitoring of patients taking anti T.B drugs. PAHAL in association with Give India also provides free ration to the families of poor T.B patients to overcome from T.B as soon as possible. In this year PAHAL distributed ration to 30 families. In addition to these activities, staff of medical centre also observe the various important days like World AIDS Day, Hand Wash Day, Toilet Day, World T.B Day, International Women's Day, World Water Day, Independence & Republic Day of India and World Health Day.





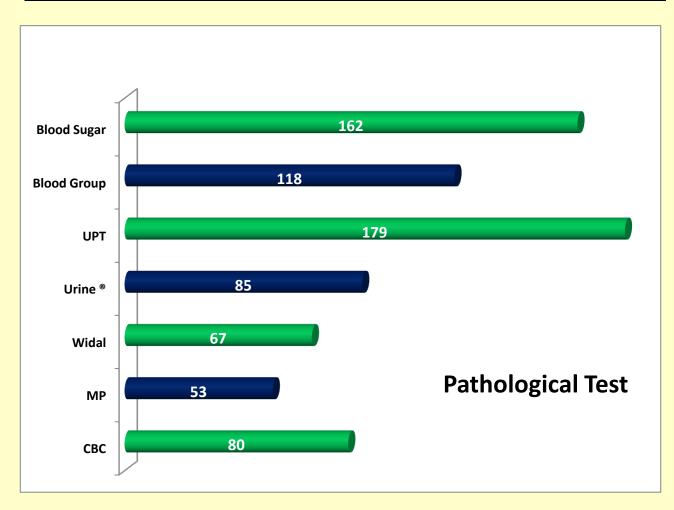
## **Distribution of medicines & IPD services**

Distribution of Medicine						
Jan to Dec 2017						
S.no	Medicine	Jan - Mar 2017	Apr-Jun 2017	Jul - Sep 2017	Oct-Dec 2017	Total
1	Tab. Aciloc	7200	6500	6205	3700	23605
2	Tab. Asthaline	900	730	682	370	2682
3	Tab. Amlip	65	65	80	40	250
4	Tab. Althrocin 250	170	125	105	50	450
5	Tab. Buscopan	100	85	95	55	335
6	Cap. Becosules	4000	4100	4400	2200	14700
7	Tab. Bruffine	1570	1250	1225	800	4845
8	Tab. Ciplox	930	900	850	600	3280
9	Tab.Chropenramaine (C.P.M)	1510	1380	1435	700	5025
10	Tab. Calcium	1800	1650	2010	990	6450
11	Tab. Cadisper C	230	240	215	110	795
12	Tab. Ceprnoram	18	25	31	11	85
13	Tab. Cetrizine	1450	1450	1550	900	5350
14	Tab. Cefixime	17	17	19	6	59
15	Tab. Dispas	1240	1150	1000	750	4140
16	Tab. Dipane	920	950	940	500	3310
17	Tab. Doxy	1514	1240	1240	550	4544
18	Tab. Dacdane	305	310	320	120	1055
19	Tab. Domparan	470	440	410	210	1530
20	Tab. Digine	1604	1670	1440	840	5554
21	Tab. Dulcolare	21	28	34	8	91
22	Tab. Fluconzole	400	410	404	180	1394
23	Cap Iron	1240	1200	935	700	4075
24	Tab. Liv 52	340	370	560	220	1490
25	Tab. Mox 250	5290	3980	3600	2000	14870
26	Cap. Mox 500	80	115	145	60	400
27	Tab. Metacine	5100	4800	4650	2500	17050

28	Tab. Metrogil	680	820	930	500	2930
29	Tab. M-Cold	5200	4800	4400	1900	16300
30	Tab. Mebex	288	320	325	110	1043
31	Tab. Neurobion	1520	1350	1050	750	4670
32	Tab. Nice	2160	1900	1900	900	6860
33	Tab. Norflox	49	215	264	90	618
34	Tab. Norflox Tz	300	160	144	70	674
35	Tab. Stamatil	400	420	610	250	1680
36	Tab. Septran	617	630	700	510	2457
37	Tab. Sporlac	240	230	275	110	855
38	Tab. Voveran	1388	1420	800	700	4308
39	Tab. Vaginal 'V'	356	235	211	110	912
40	Inj.	226	209	217	90	742
41	I/V (IPD)	70	75	80	25	250
42	Syp. Cold Guard	350	340	345	145	1180
43	Syp. Calcium	19	19	30	10	78
44	Syp. Cefixme	185	177	148	67	577
45	Syp. Cough Dry	165	150	159	60	534
46	Syp. Crocin	320	259	228	75	882
47	Syp. Domperidone	38	42	47	20	147
48	Syp. Digine	22	20	18	8	68
49	Syp. Mox	275	275	325	140	1015
50	Syp. Multivitamin	370	480	480	200	1530
51	Syp. Paracitamol	45	85	107	35	272
52	Syp. Oflamac Tz	80	87	75	32	274
53	Syp. Nise/PCM	320	350	515	145	1330
54	Syp. Galact O	7	6	8	2	23
55	ORS	78	125	127	45	375
56	Dressing	81	99	78	35	293
57	Vitamin C	350	530	570	200	1650
58	Eye drops	80	115	101	40	336
59	Nebulizer	56	80	75	45	256
60	Omni Gel	10	12	15	8	45

## Pathology Test from January to December 2017

Pathology Test						
	Test	Jan to Dec 2017				
S.no		Jan-Mar 2017	Apr-Jun 2017	Jul-Sep 2017	Oct-Dec 2017	TOTAL
1	CBC	14	19	36	11	80
2	MP	7	9	22	15	53
3	Widal	4	4	39	20	67
4	Urine ®	7	8	36	34	85
5	UPT	37	40	62	40	179
6	Blood Group	15	16	72	15	118
10	Blood Sugar	37	39	64	22	162
7	otal Test	121	135	331	157	744



## Financial Report (January to December 2017)

S.no	Particulars	Total expenditure from VOLVO Budget	Total expenditure from PAHAL's Budget	Total expenditure
A	STAFF COST:			
A.1	Lab Technician	59000	50650	109650
A.2	Social Worker as Motivator cum Counselor	60000	72000	132000
A.3	Sweeper	21633	43450	65083
A.4	Aya Bai	30000	32500	62500
A.5	Clerk	17000	74000	91000
A.6	Specialist Doctor (Part-Time)	0	90000	90000
A.7	Nurses	49834	168599	218433
A-8	Pathologist	24000	72000	96000
A-9	Doctor's Salary	109334	172515	281849
	Sub-Total	370,801.00	775,714	1146,515
В	ADMINISTRATIVE COST:			
B.1	Rent	90000	90000	180000
B.2	Electricity + Telephone	12312	20859	33171
B.3	Stationery	1191	17098	18289
B.4	Miscellaneous	6095	29067	35162
	Sub-Total	109,598	157,024	266,622
C.	CAPITAL INVESTMENT:			
C.1	Furniture	0	0	0
C.2	Equipments	0	0	0
	Sub-Total	0	0	0
D	ACTIVITY:			
D.1	SSG and Slum meetings:	7832	124000	20232
D.2	Medicines and Regents & Supports	0	276786	276786
	Sub-Total	7,832	289,186	297,018
Е	Administrative Charges			
	Sub-Total	0	0	
	<u>Total Rupees</u>	488,231	1221,924	17,10,155

For year 2017 (January to December )budget given by Volvo employee's Aid Association is INR 4,88,231/-. The total expense on Khajrana Medical Centre throughout the year (i.e. is 17,10,155/-. Out of total expense Volvo Employee's Aid Association Contributed INR 4,88,231/- and Pahal Jan Sahyog Vikas Sansthan is INR 12,21,924/-.

(All calculations based on Indian Rupee)

#### Learning and Suggestions::

- 1. Outreach activities help to publicize about hospital and also helpful in prevention of water and air transmit diseases through awareness in community meetings.
- 2. Pathological test are limited in lab due to scarcity of funds.
- 3. Although wide ranges of medicines are available at medical centre but still life saving drugs are not available. In this year PAHAL will seek funds for this through fund raising activities and donation from corporate and individual donors.



**Prescription by Medical Officer** 



**Patients at OPD** 



Nurse attending patient at IPD



Ration (food) distribution to poor T.B patients



Patients at OPD



**Patients visiting Medical Centre** 



Patients waiting at OPD



**Health Check up (Blood Pressure)** 



Blood testing at LAB



**Counselling by Medical Officer** 



**Medicine Distribution Counter** 



AnteNatal Care Check Up



**Health Check up by Medical Officer** 



**Health Check up by Medical Officer** 



**Medicine Distribution Counter** 



**Prescription of Medicine by Medical Officer** 



**Ration Distribution to T.B Patients** 



**Ration Distribution to T.B Patients** 



**Medical officer examining patients** 



**Counselling by Medical Officer** 



**Blood testing at LAB** 



Health check up of children



Distribution of Ration to T.B. patients



Patients waiting at O.P.D