



*An Initiative Towards Development*



## **PAHAL, an INITIATIVE TOWARDS DEVELOPMENT**

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# पहल जन सहयोग विकास संस्थान

## Pahal Jan Sahyog Vikas Sansthan

PAHAL is a professionally managed committed NGO active in capacity building of community and issue based networking. The primary focus of PAHAL is to spread the women and child rights to obtain a life of justice and dignity. Secure environment stabilization, gender equity and empowerment of the community for self-sustainability are the most important components of its mission. Gender justice, Women & child rights and livelihood security are our primary areas of concern.

Pahal Jan Sahyog Vikas Sansthan, established in 2003 under the Societies Registration Act, 1961, is a national, non-profit, non governmental organization committed to working for women's empowerment and democratic governance in India. It has its headquarters in Indore, four Field offices in Bhopal, Barwani, Alirajpur and Dhar with over 60 part time & full time employees.

"PAHAL has a firm belief that the process of development is not just time scaled and target oriented. Development is a process in which creation of conditions for development is more important and the result development should have added value i.e. it must be qualitative, sustainable and equity oriented".

## Mission Statement

To create an environment for gender just society and to eliminate discrimination so that women's will have equal opportunities to access, control and benefit over the development.

## Vision

Creating widespread awareness and commitment for a just, democratic and caring society in Madhya Pradesh, where women and men are recognized as equals, with the right to lead their lives with self-respect and dignity.

## Main Goals

"PAHAL's goal is to make discrimination free, Violence free, fearless, healthy, beautiful, and secure and an equitable society which ensures livelihood opportunities and health for all"

## PAHAL's Strategies of working

- Capacity Building
- Networking & Campaigning
- Research, documentation, publication & Information dissemination
- Counseling, rehabilitation and Social Mobilization of community

## Sectoral Goals of PAHAL

- Gender Equity
- Health
- Child Protection
- Livelihood security:

## Current programs of Pahal Jan Sahyog Vikas Sansthan

### 1. Capacity Building

#### Safe City Initiative Program

The "Safe City Initiative Program" aims to end "Violence against Women" in selected 53 slums of Indore and 52 slums of Bhopal through different intervention models. The project envisages working to build capacity of women and Young



Boys. It seeks to study and develop different models which can then be scaled up or replicated in other areas of the city and other cities. It is supported by DFID.

#### SAMBAL (Strengthening the Children)

The "SAMBAL" project aims to aware beneficiaries on nutrition and health. Promoting



vaccination & best health practices through linkages with WCD and NRHM. Dropout children are provided education through special classes and to be linked with formal education.

Linkages with National Rural Livelihood Mission (NRLM), government welfare schemes to promote livelihood and to ensure

holistic development of villagers of 10 effected villages of Barwani (M.P). This Program is supported by TDH [Terre Des Hommes].

## Gender Equity Programs

Pahal is well recognized as Gender resource centre & gender training institute. We conduct Trainings on Gender basic & advance, Gender & Health, Gender & Governance, Gender & Law Gender & Disability, Gender & Social change, Gender & Livelihood and other related issues,

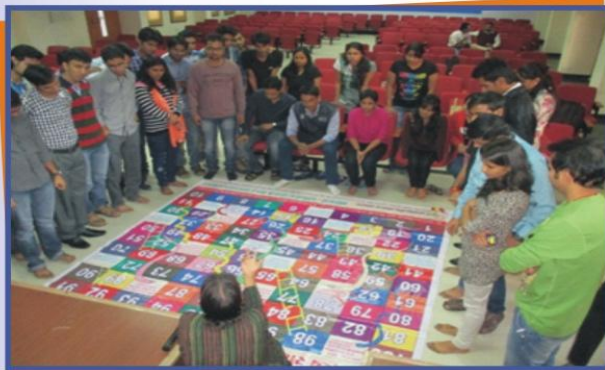


Constitutional rights of women & children Women's act eg. Domestic violence act, sexual harassment at workplace, all constitutional provision for women & girls etc.

## 2. Networking & Campaigning

### VAW Campaign

Since 2005, Pahal Jan Sahyog Vikas Sansthan is regularly running a 16 Days of Activism Campaign to make people aware on the impact of violence on women and children and to act against abuse, to eliminate all kinds of gender based violence. 16 Days of Activism Against Gender based Violence starts from 25 November, International Violence Against Women's Day and end on the International



Human Rights Day (10 December). It also includes other important days like AIDS Day, Disability Day etc.

### T.B. Awareness Program

PAHAL conducting T.B. awareness program at vulnerable and marginalized areas of Indore and Barwani district. To increase case detection rate organization conduct meetings with village Health and Sanitation Committee, Youth groups, urban slums and ward members. Also conducted various community events to aware the communities on T.B.

**Network-** PAHAL is a part of FEM (Forum to Engage Men), Men's Action for Stopping Violence against Women (MASVAW), These are the national level Network which seek help in designing of program activities and log frame of the project especially in the field of Men/boys on violence against women. PAHAL is also a part of international network CWGL for 16 days activism on violence against women and Child Right Network. PAHAL is also a part of T.B. partnership India (PTCC).

### **3. Research, Documentation, Publication & Information Dissemination**

**Our publication consists:**

- Pictorial book on "domestic violence act 2005".
- Leaflets on "Domestic violence Act 2005".
- Research on violence against women, Hygiene & menstruation and hemoglobin level of girls.
- Guide book on child sexual abuse named "Aao Bat Karen".
- Planner on save the girl issue.
- Technical support to "Self Help Groups" through designing & printing of pass books at Madhya Pradesh.
- Designing and printing of posters on sexual harassment at work place.
- Designing and printing of Booklet on sexual harassment at work place for CASH.

### **4. Counseling & Rehabilitation**

**Special Schools for Children engage in work**

To provide education to working children Pahal's special school gives working & dropout children a chance to complete their education and acquire skills for employment. In this school participatory methods are adopted to give them chance to understand their situation, their rights & opportunities. Apart from formal education children learnt extra curriculum activities like Life Skills Education and vocational trainings leading to personality development. Two Schools are running under National Child Labour Program.



### **Community Medical Centre, Khajrana Indore**

At the start of year 2013 Pahal & Volvo Employee Aid Association jointly initiated a community medical centre at Khajrana slum in Indore. The aim of "Community Medical Centre" is to provide free access of health services to poor slum dwellers of Khajrana and surrounding areas.



Since January 2013 our community medical centre expands health care facilities to "Out Patient Department", Inner Patient Department, general health checkups, vaccinations, Lab. Investigations, distribution of medicines, counseling of girls/women on safe motherhood & nutrition and slum awareness meetings on health issues arises in slums. In these two years we not only provide free health services to poor people but also develop reputation and faith among the opinion leaders, people and administration.

### **Aarogyam Mobile Medical Unit**

To deliver health care services at underserved area of rural Indore DLF foundation, IGD and PAHAL is operating Mobile Medical Unit (MMU) at villages of Dewas bypass. The



purpose is to provide qualitative preventive, promotive and curative health & hygienic services to the populations residing in the project area. Services of Mobile Medical Unit are free of charge including medicines.

## Economic Rehabilitation Program

PAHAL promotes means of livelihood among marginalized community of Indore and Barwani. PAHAL aims enhance and upliftment of such economically fragile and marginalized community PAHAL started employment / self employment driven vocational training courses, these courses provided either free or at a very nominal cost. Pahal imparts trainings on trades like medical & nursing, sewing & tailoring, Godri making, beads jewellery making, bag, thaili and daliya making etc.



## Goonj Cloth for Work

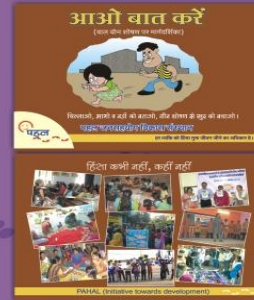
In association with GOONJ, PAHAL promotes cloth for work to encourage old clothes as a developmental resource rather than charitable item. Communities are motivated to identify the pressing development needs of their own area. They are encouraged to do shramdaan (community labor) and get material in return, with dignity; as a reward. It helps develop a stronger relationship between our local partner organization and the communities.



# OUR PUBLICATIONS

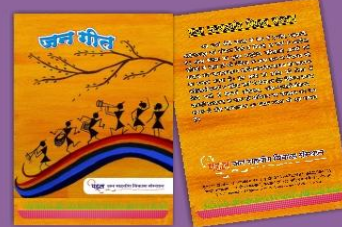
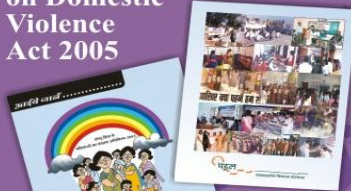


Study report on Violence against Women.



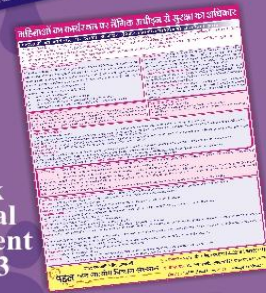
A Guidebook for Parents to stop Child Sexual Abuse.

An Awareness Book on Domestic Violence Act 2005

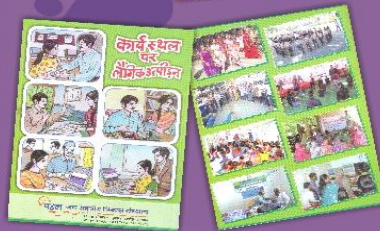


Jan Geet

Poster & Book on Sexual Harrasment Act 2013



Pass Book



Planner on Save the Girl Child

## Field Office

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